

Women and Children have the right to live free from domestic abuse and fear.

**All the support services provided by Fife Women's Aid are free and confidential**

**If you need support or information please ring**

Freephone: 0808 802 55 55

(Mon-Fri 9am—5pm, 6pm-8am and 24hrs Sat/Sun)

or

Email: [info@fifewomensaid.org.uk](mailto:info@fifewomensaid.org.uk)

**For more information about the services we offer please visit our website.**

Website: [www.fifewomensaid.org.uk](http://www.fifewomensaid.org.uk)



Fife Women's Aid is a charitable company limited by guarantee Co. No. SC316350  
Registered Office: Suite 1, First Floor, Saltire House, Pentland Park,  
Glenrothes, KY6 2AL  
Registered Scottish Charity SC011689



## Fife Women's Aid

A SERVICE FOR WOMEN AND CHILDREN WHO HAVE EXPERIENCE OF

# Domestic Abuse

**Are you afraid of your partner?**



**Does your partner constantly check up on you, make it difficult for you to see family and friends, withhold money, food or affection from you?**



**Are you worried that your children are affected?**

Whether you have experienced physical, sexual or emotional abuse, you do not have to suffer alone. Fife Women's Aid can help.



0808 802 55 55  
(Free from all mobiles and landlines)

# If you are experiencing domestic abuse,

Fife Women's Aid will LISTEN to you, BELIEVE you and offer you the support and INFORMATION you need. Whatever your concerns, we can provide telephone and face-to-face services, whether you are living in your own home, staying with family or friends or in one of our refuges.

## We can help you with.....



Money & Benefits



Independent Advocacy



Children & Parenting



Support and Information



Therapeutic Counselling



Housing & Home Security



# Fife Women's Aid



You can ring **0808 802 55 55** and talk to a support worker in confidence.

You can talk about how you're feeling or discuss your options, find out about our services and get information on, and referral to other agencies